

Be a HERO

Identify your role models and how to align more with them

Who is someone you look up to?

How can you act like a hero in your own life?

What qualities do they have
that you admire?

**Be your own
HERO**

**It starts with
You**

Heroes don't have to be perfect.
Start with one action, one value, or one way to show up.
Just as you are.